

Common Course Outline for: CHWN 1100: Cultural Health Communication, Teaching and Capacity Building

A. Course Description

1. Number of credits: 3
2. Lecture hours per week: 3
Lab/Studio/Clinical hours per week: None
3. Prerequisites: None
4. Co-requisites: None
5. MnTC Goals: None

Catalog Description:

This course will introduce concepts of verbal and non-verbal communication required for the CHW to effectively interact with clients, their families and healthcare providers of all backgrounds. Students apply skills such as active listening and motivational interviewing. This course also focuses on the CHW's role as a teacher to increase the capacity of the community and the client to access the health care and social services systems. Course materials will emphasize empowering clients to become self-sufficient in achieving personal health goals within the role of the CHW.

B. Date last reviewed: February, 2021

C. Outline of Major Content Areas

1. Effective oral communication with clients and for CHW's
2. Nonverbal communication with clients and for CHW's
3. Non-violent communication for CHW's
4. Active Listening for CHW's
5. Conflict resolution and empowerment for CHW's
6. Communicating with special needs clients
7. Culture and diversity needs of clients
8. Interprofessional and client teamwork
9. Goal setting with clients
10. Healthy behaviors and data collection models
11. Teaching techniques
12. Motivation and behavioral change techniques

D. Course Learning Outcomes

Upon successful completion of the course, the student will be able to:

1. Identify and apply conflict resolution strategies when necessary.
2. Identify client health and cultural beliefs, traditions, and values and how they influence health and incorporate this information into a client action plan.

3. Explain the use of health promotion and preventive health activities to build capacity in the community.
4. Construct an action plan with clients to promote health.
5. Demonstrate a variety of teaching techniques with clients to foster healthy behavioral changes.
6. Demonstrate effective and culturally appropriate communication skills when collaborating with clients and members of the team.

E. Methods for Assessing Student Learning

Course evaluation may include (but is not limited to): Objective examinations; individual projects; group and individual presentations; research papers; journal/book reviews; critique/reaction papers; journal writing, personal assessments and summaries; class discussions; class attendance.

F. Special Information: None